SCAPPOOSE HIGH SCHOOL

2020-2021 FORECASTING
AGENDA:

● INTRODUCTION TO COUNSELORS

● FRESHMAN YEAR REQUIREMENTS

● FORECASTING
  ○ Course Description Guide
  ○ Forecasting Form

● CLASSES AVAILABLE AT SHS
MEET YOUR COUNSELORS:

MS. PINKSTAFF
Last names A-K

MS. PHILLIPS
Counselor/Testing Coordinator

MS. SCOTT
Last names L-Z

FINLEY
@itsyourgirlfinley
In high school, there are very specific classes you MUST take and PASS in order to graduate.
# FRESHMAN REQUIREMENTS:

<table>
<thead>
<tr>
<th>SEMESTER 1</th>
<th>SEMESTER 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. English 9A or Honors English 9A</td>
<td>1. English 9B or Honors English 9B</td>
</tr>
<tr>
<td>2. Physical Science A</td>
<td>2. Physical Science B</td>
</tr>
<tr>
<td>5. Elective</td>
<td>5. Elective</td>
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</tbody>
</table>
4-YEAR COLLEGE:

- C- or better in all courses
- 2 years of the same foreign language
- 2.75-3.0+ GPA
- Challenging course load and electives
● FORECASTING is the process of selecting classes you wish to take during the next school year.

● It is a plan that prepares you for college, work, and your goals for the future.

● During high school, you have the opportunity to make many choices and decisions that will impact your future. Forecasting is one of these opportunities.
Read the COURSE DESCRIPTION GUIDE carefully!

COURSE DESCRIPTION GUIDE
2020-2021

Scappoose High School
33700 SE High School Way
Scappoose, Oregon 97056
www.scappoosek12.org/shs
### 2020-2021 GRADE 9 FORECASTING SHEET

1. **Student Information: USE PENCIL & PRINT CLEARLY**

   Last Name: SMITH  
   First Name: JOHN  
   Current School: SMS  
   Student Cell Phone #: 503-555-5555

2. **Course Selection: USE COURSE DESCRIPTION GUIDE FOR ACCURATE FORECASTING**

   **LANGUAGE ARTS**
   
   Refer to Course Description Guide page 18
   
   Select the appropriate English course. Only select one.
   
   - X English 9
   - □ Honors English 9 *
   
   *Students wanting to forecast Honors English 9 MUST have a grade of “C” or better in current honors English class or “B” or better in standard English, STAR reading level at or above grade level, and complete a passing entrance essay (June 2 or June 4). Students will be placed into standard English 9 until all pre-requisites are met.

   **MATH**
   
   Refer to flow chart in the Course Description Guide page 20
   
   Math placement to be determined by middle and high school math departments.

   **SCIENCE**
   
   Refer to Course Description Guide page 22
   
   9th grade students will be placed into Physical Science.
   
   *Only 9th grade students entering into Advanced Algebra II are eligible to forecast Biology (see counselor)*
   
   X Physical Science

   **SOCIAL STUDIES**
   
   Refer to Course Description Guide page 24
   
   All 9th grade students will be placed into Global Studies.
   
   X Global Studies

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* = Prerequisite needed. Registrar will remove all requests that do not meet Prerequisites.

Forecasting forms are due on 3/10/2020 at 8th Grade Forecasting Night!
ENGLISH 9 VS HONORS ENGLISH 9
- Placement Test (June 2 and 4 at SHS)
- Current Honors 8 Grade of “C” or better
- Standard English 8 Grade of “B” or better

MATH PLACEMENT
- Determined by Middle School Teacher

PHYSICAL SCIENCE VS BIOLOGY
- Must be entering high school in Algebra II (complete Geometry this year)

SPANISH I
- Must have a “B” or better in English 8
# ELECTIVE CHOICES:

Read the directions carefully! Each course listed is one semester in length. If you would like to take a course for a full year, select both classes.

## DIRECTIONS

1. Use a pencil!
2. Place an “X” next to 4 elective courses you wish to be scheduled in next year.
3. Courses listed with “A” and “B” (Symphonic Band, Chamber Choir, AVID, Spanish I) are year-long classes, and both semesters MUST be selected (using 2 X’s).
4. Place the numbers 1-4 next to 4 additional alternate elective choices (1 = most desired alternate)
5. Review the Course Description Guide to verify you have forecasted for appropriate classes; have required prerequisites.
6. Schedules on an IEP will be placed in the appropriate number of support classes, as determined by their case manager.

For all elective classes: + = you may repeat course; Ø = audition required; * = prerequisite (check course guide). S1 = Semester 1 preferred (not guaranteed); S2 = Semester 2 preferred (not guaranteed).

### PERFORMING ARTS
Refer to Course Description Guide pages 31

<table>
<thead>
<tr>
<th>Concert Band A +</th>
<th>Concert Band B +</th>
<th>Musical Theater +</th>
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</thead>
<tbody>
<tr>
<td>Stagecraft +</td>
<td>Stagecraft +</td>
<td>Stagecraft +</td>
</tr>
<tr>
<td>Theatre Arts +</td>
<td>Theatre Arts +</td>
<td>Tribe Choir +</td>
</tr>
<tr>
<td>Tribe Choir +</td>
<td>Tribe Choir +</td>
<td>Ukulele +</td>
</tr>
<tr>
<td>Wind Ensemble A Ø +</td>
<td>Wind Ensemble B Ø +</td>
<td></td>
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</tbody>
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### CTE—EARLY CHILDHOOD ED
Refer to Course Description Guide pages 13

1. Intro to Child Development
2. Preschool I *
3. Study Hall
4. Study Hall

### CTE—FINE ARTS
Refer to Course Description Guide pages 12

- Art I *
- Art II *
- Painting 1 *

### CTE—MANUFACTURING
Refer to Course Description Guide pages 14-15

- Digital Fabrication I *
- Digital Fabrication II *
- Drafting I *
- Drafting II *
- Graphic Design +
- Manufacturing Tech I *
- Manufacturing Tech II *
- Product Development II *
- Product Development I *
- Wood I *
- Wood II *

### CTE—DIGITAL MEDIA
Refer to Course Description Guide pages 33

- Digital Photography *
- Game Design +
- SHS Publications I * *
- SHS Publications II * *
- Video Production I *
- Video Production II *

### CTE—MARKETING
Refer to Course Description Guide pages 16

1. Business in the 21st Century
2. Computer Applications

### ELECTIVES
Refer to Course Description Guide page 17

- Community Leadership *
- Study Hall

### HEALTH & PE
Refer to Course Description Guide pages 17-18

- Adv Sport Training S1 *
- Adv Sport Training S2 *
- Conditioning *
- Conditioning *
- Crossfit *
- Crossfit *
- Mindfulness *(1 x per 1st, 2 x max)
- Team Activities *
- Team Activities *
- Wt Training Female *
- Wt Training Female *
- Yoga *
- Yoga *

### WORLD LANGUAGE
Refer to Course Description Guide page 25

- Spanish IA *
- Spanish IB *

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**SCHEDULE APPROVAL**

Review the classes selected. The signatures below indicate that you have discussed the student’s 4-Year Education Plan (Course Description Guide pages 3-4) and approve of the course requests. We look forward to seeing you at 8th Grade Forecasting Night on Tuesday, March 10 at 6:00 PM in SHS’s auditorium!

Student Signature: **John Smith**
Date:

Parent Signature: **Mrs. Smith**
Date:
ELECTIVE COURSES

READ THE COURSE DESCRIPTION GUIDE FOR FULL CLASS DETAILS
ARTS- PERFORMING

Page 11 in Course Description Guide
Everyone with proficiency on a band instrument is welcome in Concert Band (even if you’ve taken a year or two off)! We focus on developing instrumental skills and playing as a group, and playing fun and exciting music.

Concert Band also performs at football and basketball games throughout the year!
This is a performing arts course where students can work on the triple threat of singing/acting/dancing.

Small group projects, solo singing, large chorus numbers, dance projects, and history of American musical theater will all be covered in this spring semester class. Students interested in auditioning for the school musical are highly encouraged to sign up.
Theatre Stagecraft focuses on practical experience in design and theatre production. We will gain a broad understanding of set and costume design, as well as hands on experience crafting/painting set and prop pieces.

Mask making, TV show set design, costume fabrication, etc.
Theater Arts focuses on developing and growing drama skills from whatever students bring with them to the class. This class is for beginners and experienced performers alike. We will explore performance as a process, as well as a product. A lot of the work we will do is rooted in improvisation and collaboration. You will leave this class more confident, we guarantee it.

Lots of games and confidence boosting activities!
TRIBE CHOIR

• This ensemble is open to ANYONE, regardless of previous musical experience.

• We invite you to give CHOIR a try--we sing a variety of songs, from very very old to current radio hits, all in community with each other. We also learn about music theory, reading music, and discuss how music is relevant to our lives.

• Solo opportunities exist, as well as just being an important “voice in the mix” of the choir.
This class is for beginning ukulele players, but is open to all skill levels.

We will study music literacy through melodies on the ukulele, learn some class songs, and then each player will have a chance to select and learn to play and sing covers as well as their own compositions.

Owning your own ukulele is highly encouraged but not mandatory. This class earns .5 arts credit.
Wind Ensemble is a new, high-level auditioned band at SHS next year. Students will be mostly one or two on a part. This will be our state competing band!

If you are interested in auditioning for Wind Ensemble and have not already done so, please see Ms. Harris to set up an audition time!
CTE- FINE ARTS

Page 12-13 in Course Description Guide
ART I

- This class will focus on understanding the elements and principles of design. Because this is an introductory class all projects will be built around the idea of developing your skills and understanding of the art making process.

- We will use a variety of medias including; Paint mediums, Drawing mediums, Scratchboard, Ink, and Collage mediums

- All classes will have the opportunity to improve their drawing abilities.
This class will build on what you learned in Art 1 and will expand your knowledge of painting mediums like watercolor and Acrylic.

You will learn about color theory and how it is used in art and advertising.

You will learn to mix any color you want. There will be opportunities to paint in a variety of styles including; Abstract, Realism, Cubism, as well as developing your own style.

We will also learn about art history.
 Shoot **stunning** photographs  
Use Adobe Photoshop CC and Lightroom to enhance your photos  
Explore macro photography, portrait photography and more.  
Using your own digital camera is highly encouraged but not required.
Do you have a *great video game idea* and want to learn how to make it yourself?

- Develop your own game
- Familiarize yourself with the tools and practices of game development
- A great class for those interested in becoming a *game designer, artist, or programmer.*
Take a step into the world of digital creation and publication.

- Learn how to use a variety of multimedia tools
- Take great photos
- Create stunning layouts SHS students and staff
- Publish a lasting record of the school year at SHS
Wish you could help create amazing assembly videos or produce the SHS News? **YOU CAN!**

- Learn video editing techniques
- Discover visual and audio effects
- Take a field trip to observe a local Portland news station in action
- *Make your voice heard!*
Want to learn about Child Development?

Are you interested in training to be a ‘teacher’ in our onsite preschool program?

Who is a GOOD CANDIDATE for this program?

1. Great Work Ethic
2. Is "coachable"
3. Demonstrates empathy & compassion
4. Can be calm & collected
5. Respects children

This is the prerequisite for Preschool I - IV
The purpose of Preschool Palace is to educate high school students in research based teaching methods and educational theory by providing an onsite high quality preschool learning laboratory which serves 3-5 year-olds in our local community.
Drafting is a language all to itself. It’s recognized all over the world. A drawing may be in a foreign language or written with metric measurements, but the standards are all the same. Types of drawings, ways to label, line conventions! In this class I'm going to show you how to draw an Isometric and orthographic drawing and how they are created. Two very basic styles used to describe objects. Then you will be introduced to computer aided drawing (CAD) and specifically a program call KeyCreator which you will be able to download and use at home. You will use this program to learn how to draw two dimensional objects through guided and unguided practice. By the time you finish, you will be ready to move on to 3 dimensional drawings in CAD.
DIGITAL FAB I & II

Vinyl cutters, laser cutters and 3d printers… oh my. Learn the fundamentals of desktop manufacturing and design through Rhino (CAD) and Adobe Illustrator.
Learn Adobe Illustrator CC
Design a logo
Create promotional posters
Infographics

Challenge Your Creativity!
PRODUCT DEV I & II

This is course to introduce students with the fundamental skills of using design tools and design thinking to produce against client need and criteria.
Metalworking is a fun and exciting material to work with. The careers in metalworking are extensive. Skilled metal workers are needed all over the US. Sheet metal working, Machining and welding are all sought after skills. If you are interested in metal working or would like to know more about it, this class would be the place to start.
Learn how to work with hand tools, portable and stationary power tools safely to construct projects such as the Indian Box, step stools and many others. You will be taught how to use the table saw, band saw and planer to name just a couple. Working with woodworking tools and materials is a lifelong skill you will use over and over again throughout your life.
Tired of being bossed around? In Business in the 21st Century, you will learn how to become the boss.

Want to learn how to make more money? Take Business in the 21st Century, and you will learn all about making smart business decisions that will lead you to success.

Take it from Michael Scott, when he said, “You miss 100% of the shots you don’t take.”

Don’t miss out on this opportunity to take Business in the 21st Century!
Do you like computers? Yes? Good.

This class is for you.

Don’t know much about computers? Yes? Perfect.

This class is for you.

Do you want to learn more about computers? Yes?

TAKE COMPUTER APPLICATIONS!
Community leadership teaches a variety of leadership skills, including communication skills. The class includes planning events such as the Veterans’ Breakfast and Foster Kid Holiday Party. Additionally, students will experience the value of service learning and community philanthropy. The class includes public speaking, grant writing, school and community event planning, committee work, and community service requirements.
PHYSICAL ED

Pages 17-18 in Course Description Guide
If you are a student-athlete looking to get stronger, faster and more explosive, then this is the class for you. It is highly encouraged that all of our athletes (both male and female) take this course to help them get the most out of their athletic careers. This class focuses on better performance through training, but we also focus on ‘injury-proofing’ the athlete through a systematic approach to training. Student-athletes will participate in an advanced strength training program, with an emphasis on Olympic Lifts (squats, cleans, jerk and snatch). In addition to the weightroom focus, students will also be doing speed work, agility work, and plyometrics. Although there will be core lifts that every student athlete is expected to execute, there will also be sports-specific auxiliary movements to help your development in your chosen sport(s).
This class is a fitness based class for athletes and nonathletes alike. Students will spend time working on endurance as well as speed and agility work. Students will build fitness through distance running as well as interval training. Students will be in the weight room working on technique and strength as well as flexibility. Students of all abilities and experience are welcome.
CROSSFIT

This course will utilize the fitness revolution that is sweeping the country right now. The slogan of forging elite fitness will guide our class. We will use different tactics (such as a WOD – workout of the day) to build functional fitness for anyone. This strength and conditioning program is constantly varied, high-intensity, and has functional movement. The training will consist of aerobic and anaerobic conditioning, plyometric and strength training.
There are many emotional and mental stresses in teenage life and mindfulness will help prepare you for the challenges of life in a positive way. Mindfulness has been studied in schools and is shown to dramatically improve a student's physical and mental well-being.

The class is split into lessons on mindfulness, applications of mindfulness (yoga/meditation), and reflection (journal/goal setting) on mindfulness. Students need to come prepared each day in proper attire for a yoga workout.
Students learn advanced skills, rules, strategies, and training techniques for individual competition and team sports as well as maintain a basic fitness level. This class also addresses concepts that assist with living a healthy and active lifestyle. This class is suggested for competitive students who wish to be active and can work within a team. Activities will include competitive sports such as Volleyball, Basketball, Badminton, Pickle ball and flag football to name a few. Trust me when I tell you this class will be a fun experience for all!
This class focuses on allowing students to develop functional strength, endurance, flexibility, balance, and cardio respiratory endurance. Girls will participate in a wide variety of exercises using free weights, medicine balls, jump ropes, plyo equipment, and machine weights.
Yoga builds strength, increases flexibility, lengthens the muscles, increases coordination and balance, and builds core stability.

Practicing being in the moment on the mat will give you a better sense of your feelings and can help you to mentally refocus on the task at hand.

The mental benefits from a regular yoga practice will help you to reduce stress, anxiety, depression, and help to improve your positive mood.

This course will focus on vinyasa style yoga, and meditation at the end of each class.

All levels of experience are welcome!
SPANISH I

- Earn high school credits and prepare for your future!
- Spanish is the second most spoken language in the United States
- Learning a language makes you smarter!
- Learning Spanish gives you more career choices
- Learning Spanish will get you into a four year university
- Learning Spanish will help you with English vocabulary
- Sign up for Spanish and improve your life!
FORECASTING NIGHT:

- 8th Grade Students & Parents
- Tuesday, March 10
- 6:00 PM - Tour the School & Sign-Up for Clubs
- 6:30 PM - Information Session in SHS Auditorium
- Learn more about SHS, meet the administration, take a tour, hear about clubs and athletics.
- TURN IN COMPLETED FORECASTING SHEET!